

**Basic syllabus of the discipline**  
**"Psychotherapy and Sociotherapy in Healthcare industry. Dependency with the elements crisis intervention»**

1	<b>Specialty</b>	For the Public Health Specialty of the Medical Educational Specialists Training Institute of educational level "Bachelor"
2	<b>Status of discipline</b>	Elective discipline in the training cycle
3	<b>Coordinator</b>	Department of Neurosurgery and Neurology
4	<b>The units that are attached to teaching discipline</b>	PVS Department of Neurosurgery and Neurology
5	<b>ECTS credits</b>	5 ECTS credits, 150 hours, 36 of them are classroom hours
6	<b>The main purpose</b> of the course is to acquire basic knowledge of the subject psychotherapy, socio-therapy, psychology and narcology, with a focus on human condition crisis.	
7	<b>Programmatic learning outcomes</b> are the ability to act socially responsible and civically knowingly be able to help people in difficult circumstances and stressful situations, work with drug addicts.	
8	<b>Learning outcomes of the discipline.</b> Understanding the basics of human psychology, reaction and behavior in crisis conditions. Knowledge of aspects of various types of addictions, behavioral disorders. Help people under various stressful conditions, during difficult life circumstances. The main methods of psychotherapy, types, techniques, practical use. Knowledge the most common neurotic disorders, their manifestations, characteristics. Psychopathology and disorders psycho-emotional development.	
9	<b>Lesson</b>	
	<b>I. Practical classes (36 hours)</b>	
	1) Human mental health. Definition by WHO criteria. Biomedical significance mental health. Basics of psychohygiene and psychoprophylaxis. Primary, secondary and tertiary psychoprophylaxis. Rehabilitation of persons with mental and behavioral disorders (2 hours).	
	2) Psychocorrection and psychotherapy as directions of psychological help. Organizational models psychotherapy and medical and psychological assistance in Ukraine and in the world. Remote counseling, helpline (2 hours).	
	3) Age psychology. End of the human life path. Stages of dying on Kubler-Ross (2 hours).	
	4) Deviant behavior in children and adolescents. Diagnosis and correction methods (2 hours).	
	5) Psychology of personality. Structure of personality. Temperament, character. Personality disorders. Accentuation of character. Psychopathy (2 hours).	
	6) Psychology of addictions. Chemical and non-chemical additives. Diagnosis, replacement programs therapies for drug users. Gambling. Computer addiction. Methods treatment (2 hours).	
	7) Stress. Impact on the human body. Emotional and behavioral reactions. Mechanisms psychological protection (2 hours).	
	8) Combat mental trauma. First psychological assistance to the combatant and to the victims and their relatives (2 hours).	
	9) Sociotherapy. Tasks and basic methods of social work (2 hours).	
	10) Penetration psychology. Crisis and emergency intervention for people in the difficult life circumstances. HIV / AIDS problems (2 hours).	
	11) Suicide. Suicidal behavior. Mental illness with suicidal tendency. Psychological assistance (2 hours).	
	12) Fundamentals of psychotherapy. Methods. Rational psychotherapy (2 hours).	
	13) Cognitive-behavioral psychotherapy. Neurolinguistic Programming (2 hours)	
	14) Suggestive methods, auto-training. Gestalt, art therapy, psychoanalysis (2 hours).	

15) Family psychotherapy. Group psychotherapy (2 hours).
16) Sleep disorders, manifestations, consequences, treatment (2 hours).
17) Anorexia nervosa and bulimia. Social and medical problem (2 hours).
18) Sexual disorders, their types and features (2 hours).
<b>Technology of education and teaching</b>
The discipline is taught in the form of lectures, practicals and seminars. Students will work in a small group during practicals and seminars. It is planned getting acquainted with the work of the Helpline service, drug addicts, conducting art therapy, psychoeducational classes.
<b>Software</b>
<p>Benjamin J. Sadock, Virginia A. Sadock, Pedro Ruiz (2012) Caplan &amp; Sadock's Study Guide and Self-Examination Review in Psychiatry. Lippincott Williams &amp; Wilkins, P. 480.</p> <p>Benjamin J. Sadock, Virginia A. Sadock (2010) Kaplan and Sadock's Pocket Handbook of Clinical Psychiatry. Lippincott Williams &amp; Wilkins, P. 566.</p> <p>Benjamin J. Sadock, Virginia A. Sadock (2005) Kaplan &amp; Sadock's Pocket Handbook of Clinical Psychiatry. Lippincott Williams &amp; Wilkins, P. 518.</p> <p>Bankole A. Johnson, Pedro Ruiz, Marc Galanter (2003) Handbook of Clinical Alcoholism Treatment. Lippincott Williams &amp; Wilkins, P. 316.</p> <p>Philip G. Janicak, Stephen R. Marder, Mani N. Pavuluri (2011) Principles and Practice of Psychopharmacotherapy. Lippincott Williams &amp; Wilkins, P. 704.</p> <p>Philip G. Janicak, Stephen R. Marder, Rajiv Tandon, Morris Goldman (2014) Schizophrenia: Recent Advances in Diagnosis and Treatment. Springer Science &amp; Business, P. 331.</p> <p>Robert E. Hales, Stuart C. Yudofsky, Laura Weiss Roberts (2014) The American Psychiatric Publishing Textbook of Psychiatry. American Psychiatric Pub, P. 1511.</p> <p>Psychiatry: Manual for medical students / Ed. by Professor Viktor P. Samokhvalov.– Simferopol, 2004.– 352 p.</p> <p>Steven B. Karch Pathology of Drug Abuse / B. K. Steven. — 4th edition. — Taylor and Francis Group, 2009. — 738 p.</p> <p>Paulus FW, Ohmann S, Popow C. J Child Psychol Psychiatry. 2016 Dec;57(12):1337-1359. doi: 10.1111/jcpp.12584.</p> <p>Ursano RJ. Books for Psychotherapy and the Psychotherapist. Psychiatry. 2016 Winter;79(4):325. doi: 10.1080/00332747.2016.1270144.</p> <p>Huisman A, Pirkis J, Robinson J. Intervention studies in suicide prevention research. Crisis. 2010;31(5):281-4. doi: 10.1027/0227-5910/a000049. PubMed PMID: 21134848.</p>